

**Title of Support Service:**

**Quality Education Fund Thematic Network (QTN) – Promoting Wellness in School (2023/24)**

**1. Objectives**

This support service aims to:

- Help participating schools develop into well-being-first schools where the well-being of students is the top priority.
- Incorporate mental wellbeing education into school curriculum so as to nurture and strengthen resilience of students in the biological, psychological and social aspects.

**2. Foci of Support**

- To promote values education, create a shared vision for wellness promotion with participating schools which forms a Wellbeing First School (WFS) alliance and allows inter-school knowledge exchange with the best practice and experience sharing
- To promote holistic approach for mental wellbeing of students based on biological, psychological and social aspects to nurture and strengthen resilience of students
- To support schools to transform into Wellbeing First Schools (WFS) by developing and communicating the principles of the WFS Guidelines
- To establish a ‘Mental Wellness Resource Hub’ for wellness education for different stakeholders in the community

**3. Modes of Support**

- QTN co-ordinator will support and collaborate with teachers of participating schools, details are as follows:

On-site collaboration and Networking Activities	Around 15-16 activities (including 4 on-site support sessions) <ul style="list-style-type: none"><li>• Conduct in-depth analysis of school needs, lesson study such as curriculum planning, collaborative lesson planning, lesson observation and post-lesson discussion to enhance teacher professionalism through close exchange</li><li>• Organise professional development activities such as workshops, certificated courses and lesson demonstration etc.</li><li>• Participate in the sharing in learning community activities and territory-wide dissemination seminar for interschool exchange</li><li>• Support schools through lesson observation and post-lesson discussion in response to schools’ needs, and provide professional advice</li></ul>
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**4. Points to note**

- The duration of the support services normally lasts for one year.
- Active engagement of participating schools throughout the support services is expected.
- At least one representative should attend each QTN activity.
- To fully utilise the support services, participating schools should:
  - nominate a contact person to be responsible for the liaison of QTN activities.
  - arrange regular timeslots for teachers to collaborate and exchange, e.g. periods for collaborative lesson planning and lesson observation.
  - participating schools has to participate in two Executive Committee (EC) meetings and a territory-wide dissemination seminar to share their successful experiences in

school curriculum development and the learning and teaching materials developed under collaboration.

- Participating schools should comply with relevant laws, such as compliance with the Copyright Ordinance in developing school-based learning and teaching materials.
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## **5. Enquiries**

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