

Quality Education Fund Thematic Network (QTN)

Promoting Wellness in School

1. Support Service Coordinator

The Hong Kong Jockey Club Centre for Suicide Research and Prevention, The University of Hong Kong

2. Areas of Collaboration

Curriculum development of values education and respective learning and teaching in kindergartens, primary and secondary schools

3. Foci of Development

QTN coordinator will support teachers of participating schools to promote and develop values education in school. The foci of development are as follows:

- To create a shared vision for wellness promotion with participating schools
- To promote holistic approach for mental wellness by adopting the biopsychosocial model
- To enhance parent-child relationships and nurture positive parenting among participants
- To transfer the good practices and knowledge to kindergartens
- To establish a “Mental Wellness Resource Hub” for wellness education for different stakeholders in the community

4. Modes of Exchange and Collaboration

On-site support and network activities: QTN co-ordinator will support and collaborate with teachers of participating schools regularly for one school year through the followings:

- teacher trainings
- parent / teacher seminars
- promoting evidence-based courses on psychological health
- lesson observation and evaluation
- forming an Executive Committee (EC) with local and overseas experts

5. Expectations on Participating Schools

To make good use of the support services, participating schools are expected to:

Core* and Partner schools

- work closely with the project team of QTN co-ordinator on the development and implementation of

mental health enhancement programmes

- engage and attend train-the-trainer workshops on programme implementation
- participate and assist in coordinating parent or teacher workshops
- participate in programme evaluation such as questionnaires, focus groups, and review meetings, etc.
- core schools will support other partner and/or network schools on mental health promotion with assistance of the project team

Network schools

- show interests in joining this QTN network and knowing more about wellbeing promotion and education
- participate in professional training, seminars and sharing sessions

6. Points to Note

- The support services normally last for one year
- Active engagement of participating schools throughout the support services is expected
- All participating schools should appoint a representative to be responsible for the liaison of QTN activities
- At least one school representative is required to attend each QTN activity
- Core schools are required to attend two Executive Committee (EC) meetings and an annual dissemination seminar to share the good practices derived and challenges faced

7. Enquiries

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