

Part B Project Summary

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Project Title: Development of Tool Kit for Schools to Respond to New Health Challenges of Young Generation Using the Healthy School Model	Project Number: 2009/0241 (Revised)
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Name of Organization: Centre for Health Education and Health Promotion, The Chinese University of Hong Kong

(1) **Goals:** to develop Health Promoting School (HPS) Tool Kit based on decade of experience and research so the schools would learn how to apply in school setting. Specific objectives and functions of the Tool Kit are:

- (i) Tool Kit describes how the different components of HPS would be applied to manage various health issues in school setting.
- (ii) Tool Kit consists of HPS model of care for recent health crises of young generation, i.e., substance abuse, impulsive social behaviours, obesity, and outbreaks of infectious disease.
- (iii) Tool Kit will guide the school to evolve a model of care based on HPS framework for impending health challenges in near future so one does not need to re-invent the wheel from time to time.

(2) **Targets and expected number of beneficiaries:** It is estimated that all schools in Hong Kong will receive the Tool Kit (in CD format) and be benefited from this project, including 540 Primary, 458 Secondary, 60 Special Schools, and 959 Kindergartens (according to 2009/10 school figure from EDB).

(3) **Implementation Plan:**

- (i) Duration: 1 July 2010 to 30 June 2011
- (ii) Process / Schedule:
 1. Preparation (Jul–Nov 2010): Re-analysis of school health profiles in schools adopting the HPS framework and identification of potential health challenges faced by school-aged students through literatures review, and school interview.
 2. Development and Consultation of the Tool Kit (Dec 2010 – Apr 2011): Drafting visual models and developing the Tool Kit with practical tips from schools, and consultations in selected schools.
 3. Dissemination and Reporting (May - Jun 2011): Organising three seminars for school principals and teachers for launching the Tool Kit, and sending the Tool Kit (in CD format) to all local schools.
- (iii) Collaboration with other parties / partners: nil

(4) **Products:**

- (i) Deliverables/outcomes: Health Promoting School Tool Kit (CD) and limited hard copies.
- (ii) Dissemination of deliverables / outcomes: At least one seminar will be conducted to demonstrate effective use of the Tool Kit. The Tool Kit (CD) will be sent to all local schools in Hong Kong. Limited hard copies will be available to schools that have participated in Hong Kong Healthy School Award Scheme.
- (iii) Commercialization potential of deliverables / outcomes: Schools can access the Tool Kit (CD) for free, and it will also be available on applicant's official website for free access.

(5) **Budget: Grand Total of HKD 213,300**

(a) staff cost HKD 156,240; (b) equipment HKD 0; (c) services HKD 48,000; (d) works HKD 0; (e) general expenses HKD 8,990; and (f) contingency HKD 0.

(6) **Evaluation:**

- (i) Performance indicators: the project team should be able to identify new health challenges faced by school-aged students and develop an appropriate and useful HPS Tool Kit for all local schools in Hong Kong.
- (ii) Outcome measurements: assessment of school health profiles in schools; investigation of potential health challenges faced by school-aged students; evaluation on the appropriateness and usefulness of the Tool Kit; and evaluation of project progress and satisfaction of the deliverable.

