Compression-only CPR: skills evaluation

Student name:		_ Date: _	 
Result: □ Pass	□ Need remediation		

Skill	Critical performance criteria	Tick if done	For remediation
		correctly	use
	Environment safety and self, victim and		
	bystander safety		
1. Check	Assess victim status		
2. Call	Yell for help		
	Dial 999 (or ask someone to do so)		
3. Compress	Hand placement (centre of chest and		
	lower half of breast bone)		
	Arms straight		
	Compression rate 100 – 120 per minute		
	Compression depth 5 – 6 cm		
	Complete chest recoil between		
	compressions		
4. Continue	Minimal interruption		

Observe for 1 minute.

If the student completes all steps successfully (a  $\checkmark$  in each box to the right of Critical Performance Criteria), the student passed the test.

- If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation.
- The instructor can determine alone or after consulting the lead instructor whether the student is required to repeat the test.

Instructor:	Remediation result: □ Pass □ Fail (Date:	)