

Project Title: Project on Life Education: Positive Accomplishments, Relationships, and Life Attitudes 正向生命教育計劃

Project Number: 2013/0196
(revised)

Name of Organization: Fukien Secondary School

(1) **Goals:** The goal of this project is to promote social-emotional well-being among S.1 & S.2 students

Objectives:

- (i) To help to promote positive accomplishments, relationships, and life attitudes among S.1 & S.2 students;
- (ii) To conduct a survey on well-being on S.1 & S.2 students. The findings will help educators understand ways of promoting students' well-being;
- (iii) To develop and evaluate the effectiveness of a school-based life education curriculum for promoting positive accomplishments, relationships, and life attitudes for S.1 & S.2 students; and
- (iv) To conduct parent training workshops to help parents of S.1 & S.2 students to learn ways of promoting the well-being of their children.

(2) **Targets:**

The project includes several parts: a survey on social-emotional well-being on S.1 & S.2 students; a teacher-friendly life education curriculum, staff training for educators; and parent training workshops. Students in S.1 and S.2 will be invited to complete a survey on well-being (408 students). A 15-session school-based life education program on positive accomplishments, relationships, and life attitudes will be designed and implemented by Class Teachers to S.1 and S.2 students (408 students). The Class Teachers concerned (24 teachers) will receive 15 hours of training and consultation on the life education program. Workshops (4 sessions) will be organized for parents of S.1 & S.2 students to help them learn ways of supporting positive accomplishment, relationships, and life attitudes among their children. We shall implement four staff development sessions on how to promote students' well-being for all teaching staff at school (about 100 teachers). A public seminar aiming for about 250 educators in Hong Kong will be organized to share our experiences and findings after the implementation of the project.

(3) **Implementation Plan:**

- (i) **Duration:** September 1, 2014 to February 29, 2016
- (ii) **Process/Schedule:** We will start the proposed project in September 2014. We will conduct a survey on social-emotional well-being on S.1 & S.2 students. We will also develop a 15 one-hour sessions of life education program on positive accomplishments, relationships, and life attitudes for S.1 and S.2 students. The program will be incorporated into the Class Teacher Period and will be implemented in Year 2014/2015. Students will be invited to complete a set of measures on the outcome variables 1 week before, immediately after, and 2 months after the curriculum is implemented. Four whole-school training sessions will be organized for all teaching staff and four workshops will be arranged for parents of S.1 & S.2 students during the project period. A public seminar will also be conducted for other educators in Hong Kong in Nov. 2015. The training manual on the program will be distributed to the other secondary schools in Hong Kong in February 2016.
- (iii) **Collaboration with other parties/partners:** N.A.

(4) **Products:**

- (i) **Deliverables/outcomes:** Upon the completion of the life education program, we shall prepare a teachers' manual for the program. The manual will be useful reference materials for educators in Hong Kong on how to promote students' well-being.
- (ii) **Dissemination of deliverables/outcomes:** Our school will hold a public seminar in Nov. 2015 to share our experiences and findings with the participants.
- (iii) **Commercialization of potential of deliverables/outcomes:** The knowledge and the experiences in running the program will benefit other educators who may attend the seminar, and the students of those schools that may implement our program at their schools.

(5) **Budget:**

Items	HK\$
Staff Cost	321,300
Equipment	15,500
Services	21,000
General Expenses	51,000
Contingency	1,000
TOTAL	409,800

(6) **Evaluation:**

- (i) **Performance Indicators:** For S.1 students, they are expected to have a significant increase in their self-reported levels of classroom relatedness, classroom supports for autonomy and school engagement after the implementation of component 1 and 2 of the life education program. For S.2 students, it is anticipated that they will report better social-emotional functioning.
- (ii) **Outcome measurements:** Pre-test, post-test, and 2 months' follow-up data on the measures will be gathered to evaluate the effectiveness of the program on students. For the consultation sessions for teachers and training sessions for parents or teachers, we will invite the participants to fill in evaluation forms to gather their feedback on the programs.