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A Science Enrichment Programme for S3-4 Students  
Teaching and Learning Resources

# A Science Enrichment Programme for S3-4 Students



**Teaching  
and  
Learning  
Resources**

Faculty of Science,  
The Chinese University of Hong Kong

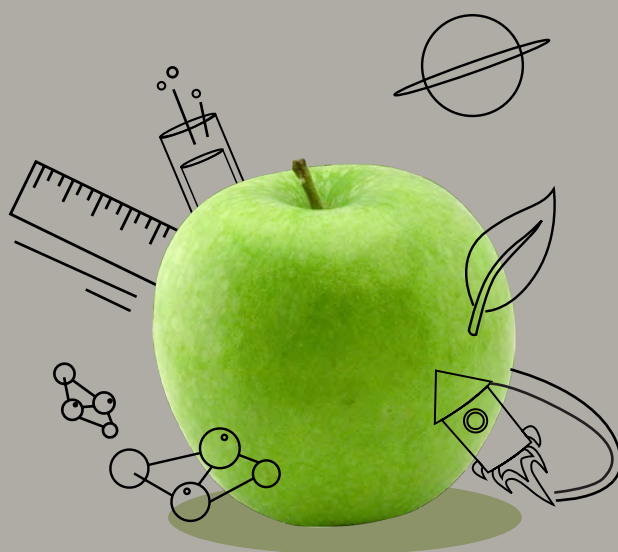


by

A Science Enrichment Programme for Secondary 3-4 Students

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**It is Our Mission to Promote Science Education**

**Centre for Promoting Science Education  
Faculty of Science, The Chinese University of Hong Kong**



## Preface ○

This book collects materials developed by the Faculty of Science at The Chinese University of Hong Kong for the project entitled *A Science Enrichment Programme for Secondary 3-4 Students (S3-4 Programme)*. The three-phase multidisciplinary programme for gifted students was supported by the Quality Education Fund.

The programme started with *Phase 1 – Scientific Workshops*, in which students participated in various learning activities, such as visits, demonstrations, and games, to acquire a broad-range of scientific knowledge. *Phase 2 – Intensive Workshops* then offered students a series of intensive training workshops in fields of their interest. *Phase 3 – Scientific Research* required students to put their knowledge into practice and conduct scientific research in groups of three to four under the supervision of teachers from the Faculty. A symposium was held for students to showcase and present their research findings using both oral and poster presentations. The learning activities of the programme were specially designed under a holistic framework to align with the desired learning outcomes, which included not only disciplinary knowledge but also generic skills, such as critical thinking and creativity, as well as the development of proper attitudes and values. Given the programme's success, the Faculty and the Centre for Promoting Science Education (CPSE) are now sharing the teaching and learning materials with teachers and students to contribute to the development of science and gifted education.

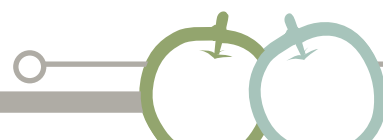
The collection consists of 4 books including a student's edition and a teacher's edition (the Chinese and English versions of each edition are published separately) and an accompanying CD. Each book has twelve chapters covering different topics that can be broadly classified into biology, chemistry, mathematics and physics. The objective is to help teachers to teach and students to learn a series of practical and interesting topics in the sciences.

The student's edition is specially arranged for self-learning. The concepts of the topics are illustrated with detailed examples in the *Learning Material*. Guidance is given in the exercises and discussion questions are included to guide students to learn independently.

Each chapter of the teacher's edition features several sections that lead teachers in facilitating student learning. *Suggested Student Work* and *Solutions and Activity Guidelines* help teachers accomplish an interactive lesson, and the *Assessment Guidelines* suggests parameters for designing appropriate assessment. The framework provides teachers with a clear outline of teaching a specific topic while leaving much room for them to explore their own teaching methods.

Apart from this collection, in March 2010 the Faculty and CPSE also published a set of instruments to share our experience in the S3-4 programme for identifying gifted students, entitled *Identifying Gifted Science Students: Practical Instruments*. It is hoped that the two collections of materials will contribute to nurturing students' interests in the sciences and developing their potential to the fullest.

Centre for Promoting Science Education  
Faculty of Science, The Chinese University of Hong Kong  
August 2011



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## Message from the Dean ○

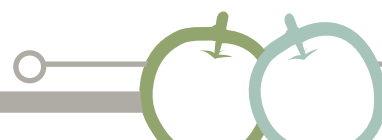
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For many years, the Faculty of Science at The Chinese University of Hong Kong has been actively involved in the development of science teaching programmes for gifted students, a prime example of which is the *Science Enrichment Programme for Secondary 3-4 Students*. This effort was supported by the Quality Education Fund and is consistent with our aspiration of enhancing the quality and effectiveness of the education system in Hong Kong by introducing advanced and modern teaching curricula in science subjects to local secondary schools.

The publication of this book in both English and Chinese for secondary school teachers and students represents the most recent accomplishment of our Faculty as part of that effort. The book consists of 12 chapters, covering selected topics in Biology, Chemistry, Mathematics and Physics. Most of the materials included in the chapters are currently taught in undergraduate programmes of world-class universities. After reading this book, I am convinced that my colleagues have not only succeeded in conveying the essential ideas of these topics for high school students, but will also motivate them to pursue careers in science. In addition to emphasizing the fundamental insights of the topics without the use of advanced theories, examples of real-world applications are provided to help students consolidate their theoretical knowledge. It would be greatly beneficial to students if these materials were to be considered for incorporation into the senior secondary science curriculum in the near future.

I have the pleasure on behalf of the Faculty of Science of thanking the Quality Education Fund for its generous support. With this continuing partnership, we are sure that many more meaningful and fruitful projects will be developed to help modernize the high school science curriculum in Hong Kong.

Professor Cheuk-Yiu Ng  
Dean of Science  
The Chinese University of Hong Kong  
August 2011





## ○ Message from the Project Leader

The publication of this collection of teaching and learning resources as well as the launch of *A Science Enrichment Programme for Secondary 3-4 Students* signify the commitment of the Faculty of Science and the Centre for Promoting Science Education (CPSE) of The Chinese University of Hong Kong (CUHK) to promoting science education. Amid the intense preparation within the University for the change from a 3-year to a 4-year curriculum in 2012 and stakeholders' growing expectations of university teaching and research quality, this programme gained massive support from professors and colleagues in the Faculty of Science. Teachers sacrificed their spare time to review wide ranges of reference materials to design various courses and learning activities that best suited the needs of the students, teach the courses in person, and supervise students to conduct scientific research in small groups, offering them opportunities to experience the scientist's life. The dedication and unyielding effort of the teachers brought about the success of the programme, which was widely popular among students. With their boundless enthusiasm for science and teaching, the teachers also served as excellent role models. I would like to express my gratitude to all team members for their strong support and their unrelenting effort. I feel much obliged to all of those who also spent an enormous amount of time preparing this collection of resources, which will help us share our work with the many secondary school teachers and students who did not have the opportunity to participate in the programme.

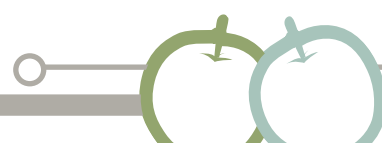
Throughout the entire process of organizing the Enrichment Programme and developing this collection of materials, we enlisted and enjoyed the full support of the Centre for Learning Enhancement and Research (CLEAR) at CUHK, the Quality Education Fund, the Gifted Education and Science Sections of the Curriculum Development Institute of the Education Bureau, and principals and teachers from many secondary schools. Not only did they give strategic suggestions for development of the programme, but they also provided valuable feedback on the course content, learning activities, assessment approaches, and many other dimensions. The feedback together with the systematic evaluation provided by CLEAR allowed us to make timely adjustments and continuous improvements within the project period, which enhanced the overall quality of the programme and the deliverables. On behalf of the project team members, I would like to extend my sincere thanks to all of them. I very much hope that in the future we can continue to join hands in a concerted effort to promote science education.

Professor Poon Wai Yin  
Project Leader  
Associate Dean (Education) of Science  
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August, 2011



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## Acknowledgements

The project entitled *A Science Enrichment Programme for Secondary 3-4 Students* (September 2008 to August 2011) was sponsored by the Quality Education Fund. Members of the project team and the Faculty of Science at The Chinese University of Hong Kong would like to express their gratitude to the Quality Education Fund, the Gifted Education Section and the Science Education Section of the Curriculum Development Institute of the Education Bureau, and the following individuals for their invaluable support.

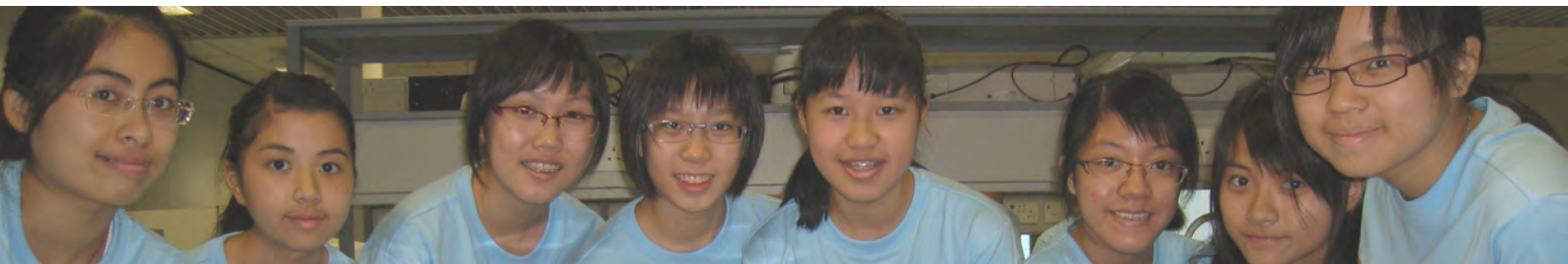
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## Overview of the S3-4 programme ○



The Science Enrichment Programme is supported by the Quality Education Fund and is specially designed for Secondary 3 students who exhibit a high degree of aptitude and enthusiasm for science and mathematics. The three-phase programme, covering a series of learning and training activities in the various sciences, provides students with the opportunity to explore and develop their higher order thinking skills, creativity and personal-social competences. It also nurtures students' multiple intelligences and fosters their all-round development in science.

Phase 1 is aimed at training students to tackle genuine science problems, focusing on applying, analyzing and evaluating the material studied. Phase 2 further enhances students' knowledge of science and begins to focus on the development of their metacognitive skills. Phase 3 then trains students to become independent and efficient learners by assisting them to engage in real research problems. In Phase 3 they are required to generate new ideas and to evaluate the applicability of their ideas. In so doing, each student should become more cognizant of his or her own learning style and respective strengths and weaknesses.

### ► *Objectives* ○

- to explore students' unrealized academic potential;
- to enrich their knowledge of science and enhance their ability to use that knowledge;
- to enhance their communication skills in science; and
- to engender their interest, motivation and appreciation for the sciences.

### ► *Target Participants* ○

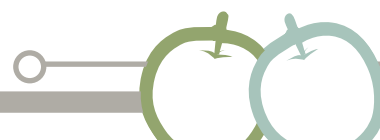
- Secondary 3 students gifted in the sciences

### ► *Programme Content* ○

- Scientific workshops and tutorials
- Thematic seminars and lectures
- Visits and fieldtrips
- Scientific workshops
- Group research

### ► *Length of Programme* ○

Phase 1 (February to April 2009): 3 months  
 Phase 2 (July to December 2009): 6 months  
 Phase 3 (February to May 2010): 4 months



## ► The Three Phases of the Programme

This was an 18-month programme with three study phrases.

### *Phase 1 (February to April 2009) - Scientific Workshops*

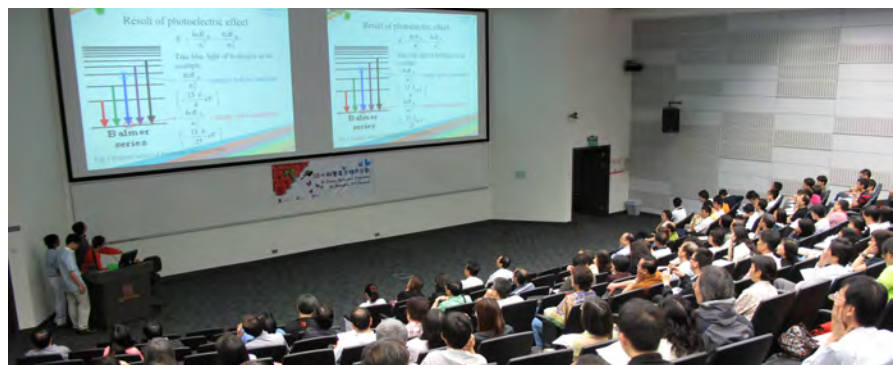
- Participants were required to attend at least four out of six of the workshops, each of which lasted for six to eight hours. These workshops included lectures covering a wide range of topics in science (including biochemistry, biology and Chinese medicine, chemistry, mathematics, physics and statistics) presented by professors/staff at the Faculty of Science at The Chinese University of Hong Kong. Other activities, such as visits, laboratory demonstrations and science-related games, were also held to enhance students' scientific knowledge. Students were assessed after each workshop. The 120 students with the best performance in the four workshops were invited to join Phase 2 of the programme.

### *Phase 2 (July to December 2009) - Scientific Workshops & Intensive Courses*

- Students participated in two scientific workshops held in September 2009. Training and a series of experiments were organized to help prepare students for the upcoming intensive courses. In October and November, an intensive training course was provided to students who were at S4 level according to their chosen stream of specialization. Students were expected to attend the courses as well as various learning activities. At the end of these courses, students were assessed and the top 13 students of each stream were invited to join Phase 3 of the programme. In Phase 2 students selected from four subject courses: (1) biological sciences, jointly offered by the Department of Biochemistry and the Department of Biology; (2) chemistry, offered by the Department of Chemistry; (3) mathematical sciences, jointly offered by the Department of Mathematics and the Department of Statistics; and (4) physics, offered by the Department of Statistics.

### *Phase 3 (February to May 2010) – Scientific Research*

- Phase 3 provided students with research opportunities and the chance to put theory into practice. It commenced with lectures on laboratory safety and basic research skills and concepts. Supervised by CUHK teaching staff, students were required to conduct research projects on subjects of their choosing in groups of three to four, and they presented their research studies at a symposium.



## Useful Links ○

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A Science Enrichment Programme for Secondary 3-4 Students

<http://www.cuhk.edu.hk/sci/qef-s34>

Case-based Learning of High School Science Subjects  
to Support Learning to Learn

<http://www.cuhk.edu.hk/sci/case-learning>

Centre for Promoting Science Education at  
The Chinese University of Hong Kong

<http://www.cuhk.edu.hk/cpse>

Faculty of Science at The Chinese University of Hong Kong

<http://www.cuhk.edu.hk/sci>

Education Bureau, HKSAR

<http://www.edb.gov.hk>

Quality Education Fund

<http://qef.org.hk>

